



**DEPARTMENT OF THE AIR FORCE  
HEADQUARTERS 375TH AIR MOBILITY WING (AMC)**

1 December 2020

MEMORANDUM FOR RECORD

FROM: 375 AMW/CC

SUBJECT: Scott Air Force Base COVID-19 Official Fitness Assessment Delay

1. Official Fitness Assessments at Scott Air Force Base will be delayed beyond the 1 January 2021 date as authorized in the 16 September 2020 myPers message to limit spread of COVID-19. Testing will resume 1 April 2021 for all personnel. This decision is based off guidance provided by public health officials and state and local restrictions currently in place. I direct this change pursuant to my authority as the installation commander under DoDI 6200.03 and AFI 10-2519 during my declaration of the current public health emergency.
2. Updates to the Air Force Fitness Management System II (AFFMS II) will be made by the applicable unit UFPM to reflect the new date. There will be no 42 day acclimatization period included in the 1 April 2021 date. IAW AFI 36-2905, it is the member's responsibility to maintain physical fitness standards. With the extended time between testing, units need to ensure members are maintaining standards. Commanders are highly encouraged to communicate the importance of staying physically fit throughout these times and have a program in place to assist members.
3. If you have any questions, please contact the EOC Director, Mr. John Ahern at 256-4614 or by e-mail at [john.ahern.2@us.af.mil](mailto:john.ahern.2@us.af.mil).

JEREMIAH S. HEATHMAN, Colonel, USAF  
Commander

Attachment:  
Scott AFB, Fitness Guidance COVID-19 Due Date Matrix

## Scott AFB, Fitness Guidance due to COVID-19 Due Date Matrix

*Current as of 1 Dec 2020*

<b>Official Physical Fitness Assessment Due Date Matrix</b>		
<b>EXCELLENT SCORES</b>		
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	COVID-19 EXEMPT	DUE DATE OF NEXT FITNESS ASSESSMENT
Mar 2019	Mar 2020/Mar 2021	Mar 2022
Apr 2019	Apr 2020	Apr 2021
May 2019	May 2020	May 2021
Jun 2019	Jun 2020	Jun 2021
Jul 2019	Jul 2020	Jul 2021
Aug 2019	Aug 2020	Aug 2021
Sept 2019	Sept 2020	Sept 2021
Oct 2019	Oct 2020	Oct 2021
Nov 2019	Nov 2020	Nov 2021
Dec 2019	Dec 2020	Dec 2021
Jan 2020	Jan 2021	Jan 2022
Feb 2020	Feb 2021	Feb 2022
Mar 2020	Mar 2021	Mar 2022

<b>Official Physical Fitness Assessment Due Date Matrix</b>			
<b>SATISFACTORY SCORES</b>			
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	COVID-19 EXEMPT	COVID-19 EXEMPT	DUE DATE OF NEXT FITNESS ASSESSMENT
Sep 2019	Mar 2020	Sep 2020/Mar 2021	Sep 2021
Oct 2019	Apr 2020	Oct 2020	Apr 2021
Nov 2019	May 2020	Nov 2020	May 2021
Dec 2020	Jun 2020	Dec 2020	Jun 2021
Jan 2020	Jul 2020	Jan 2021	Jul 2021
Feb 2020	Aug 2020	Feb 2021	Aug 2021
Mar 2020	Sep 2020	Mar 2021	Sep 2021

<b>Official Physical Fitness Assessment Due Date Matrix</b>	
<b>UNSATISFACTORY and NON-CURRENT SCORES</b>	
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	DUE DATE OF NEXT FITNESS ASSESSMENT
April 2019 – March 2020	April 2021

<b>FITNESS CATEGORIES</b>	
<b>Excellent</b>	All Components have been tested and the member received a score 90 or higher
<b>Satisfactory</b>	All Components have been tested and the member received a score 75 to 89
<b>Pass</b>	Member Passed the Components with an Exemption in one or more Components
<b>Unsatisfactory</b>	All Components have been tested and the member didn't pass one or more components
<b>Fail</b>	Member failed one or more Components with an Exemption in one or more Components
<b>DNF</b>	Didn't finish the Assessment