



**DEPARTMENT OF THE AIR FORCE  
375TH MEDICAL GROUP (AMC)  
SCOTT AIR FORCE BASE, ILLINOIS 62225-5252**

3 March 2021

MEMORANDUM FOR 375 AMW/CC

FROM: 375 MDG/CC

SUBJECT: Restriction of Movement after Official Travel from OCONUS Locations to Scott Air Force Base

1. The Coronavirus Disease 2019 (COVID-19) continues to present risk to Scott AFB as personnel travel to and from different locations. In order to reduce this risk, a 14-day restriction of movement (ROM) has been applied to all inbound personnel to Scott beginning on their OCONUS departure date. Recent CDC guidance allows for a reduction in the post travel ROM length from 14 days down to 10 days without testing. The Department of the Air Force has delegated this risk based decision to Unit Commanders. The following guidelines are provided to help leadership decide whether or not to accept the risk of a reduced ROM post OCONUS official travel.

- a. Has the member experienced COVID-19 symptoms in the last 14 days?
- b. Has the member had close contact with a COVID-19 case in the last 14 days?
- c. What is the risk of COVID 19 in the areas traveled to or transited?
  - (1) Does the country have CDC Travel Health Notice (THN)? To determine whether destination location has an elevated level of COVID-19 transmission, review <https://wwwnc.cdc.gov/travel/notices>. If CDC THN level of 2-4: 14-day ROM starting the day they departed OCONUS location.
  - (2) Does the location have a daily case rate greater than 50 cases per 100,000 population? To determine whether destination location has an elevated level of cases, review worldwide map (<https://globalepidemics.org/key-metrics-for-covid-suppression>).
- d. Does the member work in a mission critical area where physical distancing from other co-workers is not possible?
- e. Did the member's mode of travel or specific activities during travel put them at higher risk of contracting COVID 19? (See attached)

2. The 14 day ROM period post travel and continued prevention practices reduces COVID-19 transmission risk post travel to the lowest possible level. The 10 day ROM provides unit leadership with options for mission and personnel management while still reducing the risk of disease transmission in the workplace. There is a second option to shorten the ROM further but risk increases and should only be applied on a case by case basis after consulting with medical.

3. This policy applies to all personnel (Service member, DOD Civilian, and Contractors) traveling on official orders to include PCSing. Deployers continue to fall under a separate policy. It is highly recommended that DOD dependents/beneficiaries follow the same guidance. Leaders should consider applying the same principles to leisure travel as well. Regardless of the length of the ROM, IAW CDC guidelines, individuals in ROM are expected to:

- a. Self-monitor daily for fever and symptoms of COVID-19 for the full 14 days
- b. Restrict movement to absolutely essential trips only
- c. Avoid contact with others and always wear a face mask when in public
- d. Practice social distancing of six feet or two meters
- e. Keep contact limited to essential business and avoid all work/school environments
- f. Stay out of public areas (i.e.mass transit, house hunting, large venues, etc)

4. If a member develops symptoms during the ROM period, or you have any questions or concerns please contact the 375 MDG COVID-19 Response Information Center at 256-5653, email [usaf.scott.375-mdg.mbx.covid-19@mail.mil](mailto:usaf.scott.375-mdg.mbx.covid-19@mail.mil), or Public Health at 256-4986. This direction is in effect until the 375 AMW/CC lifts restrictions of movement for Scott AFB.

RICHARD L. WOODRUFF JR., Colonel, USAF, BSC  
Commander

Attachment

1. COVID-19 Travel and Activity Risk Matrix