



Commonly Utilized COVID-19 Social Distancing

Terms & Explanations



ISOLATION

- Who:** Those symptomatic or COVID-19 positive
- Duration:** 7 day from symptom onset and 3 days after fever/symptoms improve
- Where:** Home but in some cases will be recommended for unit-funded lodging*



QUARANTINE

- Who:** Those asymptomatic but had close contact with a positive case
- Duration:** 14 days from notification
- Where:** Home but in some cases will be recommended for unit-funded lodging*



SEQUESTRATION

- Who:** Those presenting for duty that are identified by leadership as the minimum necessary to continue no fail missions
- Duration:** As long as necessary during height of pandemic
- Where:** Unit-funded lodging

*Members who reside in the dorm or other members with high risk household mates may be considered for unit-funded lodging to prevent the spread of COVID-19.