

DAF COVID-19 Travel Risk Assessment Tool (T-RAT)

(as of 12 January 2021)

The T-RAT is a tool for Commanders to complete the required travel risk assessment to determine the risk of exposure to COVID-19 during planned travel, as well as the need for ROM/testing before and after travel. Risk of COVID-19 exposure during travel should be compared to the risk surrounding the travel starting point.

Commander and Members actions leading up to travel:

1) Traveler and Unit CC will review COVID-19 risk at the planned destination(s), as well as along the travel route:

-- **Official travel:** review [DoD & DAF Installation Travel Restriction Criteria Results](#) to see if destination location(s) is/are and/or installations are listed as meeting the conditions to lift travel restrictions. As needed, follow References c.-f. for guidance on travel waiver requirements when conditions for unrestricted travel are unmet. For OCONUS official travel, member will also review Geographic Combatant Commander (GCC) guidance, applicable Host Nation (HN) procedures, and DoD Electronic Foreign Clearance Guide (<https://www.fcg.pentagon.mil>).

-- **Leave travel:**

--- **OCONUS:** review Centers for Disease Control (CDC) [Travel Health Notices](#) (THN) to determine whether destination location(s) is/are experiencing an elevated level of COVID-19 transmission (THN Levels 2-4). Review worldwide map on globalepidemics.org (Reference h.) to assess current COVID-19 risk (cases per 100K per day). Member will also review GCC guidance, applicable HN procedures, and DoD Electronic Foreign Clearance Guide.

---**CONUS:** refer to State Public Health Department to determine specific state travel requirements

Prior to Travel from USA to Another Country:

1) **Official travel:** if the GCC or HN requires a pre-arrival ROM, the member will follow the applicable duration of ROM at an appropriate domicile prior to departure and complete pre-travel testing within 1-3 days. Pre-travel testing will be completed before leaving home station (reference i). See Reference a. for waiver authority if testing is limited at particular locations. Commanders must caution members on how "leave in route" in conjunction with official travel can make access to pre-travel testing difficult with limited testing capability at APOE sites (reference i).

2) **Leave travel:** the member will comply with GCC and HN procedures for the areas to which they are traveling.

3) Prior to Travel Unit CC will review the following items with the traveler:

-- COVID-19 symptoms: Fever or chills, cough or sore throat, shortness of breath, congestion or runny nose, muscle or body aches, headache, fatigue, new loss of taste or smell, nausea or vomiting, and/or diarrhea.

-- Remind member to not proceed with travel if feeling sick, if they have tested positive for COVID-19 and have not yet met the criteria for discontinuing isolation, or are pending COVID-19 test results. Also, member should not travel if they have had close contact with anyone having or known to have exhibited symptoms of COVID-19, or who tested positive for COVID-19 within the past 14-days.

-- Ensure member understands if they are at increased risk of severe illness of COVID-19 (age and certain medical conditions, for details see [Reference i](#)).

-- Ensure member understands how to self-monitor and what actions to take if they develop COVID-19 symptoms or is diagnosed with COVID-19.

-- Remind personnel to comply with any DoD, Federal, State, HN, and local restrictions during travel.

-- Unit CC and supervisor will maintain a means of communication with traveler throughout the period of travel.

-- Provide member with 'Safe Travel' handout, as well as 'Steps to be Taken During ROM' handout (as applicable).

Templates available on [Reference g](#).

Prior to Travel from Another Country to USA:

1) **Official travel:** if the GCC or HN requires a pre-arrival ROM, the member will follow the applicable duration of ROM at an appropriate domicile prior to departure and complete pre-travel testing within 1-3 days.

2) **Leave travel:** the member will comply with GCC and HN procedures for the areas to which they are traveling. Beginning 26 Jan 21, personnel will be tested for COVID-19 1-3 days before departure via commercial or military airlift, and maintain proof of the negative test during travel.

3) Unit CC will review the following items with the traveler:

-- Review State Public Health Department requirements to ensure compliance to States visited

- COVID-19 symptoms: Fever or chills, cough or sore throat, shortness of breath, congestion or runny nose, muscle or body aches, headache, fatigue, new loss of taste or smell, nausea or vomiting, and/or diarrhea.
- Remind member to not proceed with travel if feeling sick, if they have tested positive for COVID-19 and have not yet met the criteria for discontinuing isolation, or are pending COVID-19 test results. Also, member should not travel if they have had close contact with anyone having or known to have exhibited symptoms of COVID-19, or who tested positive for COVID-19 within the past 14-days.
- Ensure member understands if they are at increased risk of severe illness of COVID-19 (age and certain medical conditions, for details see [Reference i](#)).
- Ensure member understands how to self-monitor and what actions to take if they develop COVID-19 symptoms or is diagnosed with COVID-19.
- Remind personnel to comply with any DoD, Federal, State, HN, and local restrictions during travel.
- Unit CC and supervisor will maintain a means of communication with traveler throughout the period of travel.

Upon Return from Travel or Arrival to Installation:

Note: IAW CDC recommendations, individuals who had a higher risk of COVID-19 exposure during travel need to closely adhere to non-pharmaceutical interventions (NPIs; i.e., 6-ft physical distance, mask wear, hand washing, cover your cough/sneeze), and self-monitor for symptoms of COVID-19 for a full 14-days post-travel.

Unit CC (or designee) will ask traveler the following questions:

- 1) In the last 14-days have you experienced symptoms of COVID-19?
 - >> If symptomatic: Call medics for telephonic evaluation; if have severe trouble breathing, call 911.
 - >> If no symptoms: Go to Step 2.
- 2) Have you had close contact (close contact is defined as someone who was within six feet of a person who has contracted COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset or, for asymptomatic patients, two days prior to test specimen collection until the time the patient is isolated and irrespective of whether the person with COVID-19 was wearing a face mask) with a person known to have COVID-19?
 - >> If 'yes': 14-day quarantine from the last exposure to the known positive individual. Note: CDC continues to recommend a 14-day quarantine period for those who have close contact with a COVID-19 positive person. Check with local medics for their guidance on a shortened quarantine period protocol.
 - >> If 'no': Go to Step 3.
- 3) Have you been tested for COVID-19 in the last 14-days?
 - >> If 'yes': Call medics for telephonic evaluation. Note: Timing of release from isolation (person is symptomatic and/or has positive test) is 10-days; release from quarantine (person is a close contact of a COVID-19 case) is 14-days.
 - >> If 'no': Go to Step 4.
- 4) Does / will individual work in an environment where it is not possible to maintain physical distancing (SCIF, etc.), or be performing a mission critical function?
 - >> If 'yes': Consider 14-day ROM (discretion of Unit CC) - or - go to Step 5.
 - >> If 'no': Go to Step 5.
- 5) Review itinerary to determine if high risk status changed during travel. In route health risk has changed for locations If covid risk has changed during travel.
 - OCONUS: Is country covered by a CDC THN (<https://wwwnc.cdc.gov/travel/notices>)?
 - >>> If CDC THN Level 2-4: 14-day ROM starting the day they departed OCONUS location. Alternately, after an appropriate risk assessment Unit CC may authorize: 10-day ROM -- or -- 7-day ROM with a negative COVID-19 test within 48 hours of the end of the 7-day ROM. Always follow state and local requirements related to travel.
 - >>> If CDC THN Level 1: Go to Step 6.
 - >>> If departure was greater than 14-days ago, and in-transit location(s) was USA: Go to USA.
 - USA:
 - >>> As applicable, if travel was in an area covered by destination state-level travel restrictions: recommend ROM starting the day they departed the USA location (ROM length as state/locally directed).
 - >>> Otherwise, Go to Step 6.
- 6) Did the traveler's mode of travel and/or activities while traveling put them at higher risk for exposure to COVID-19? Utilize the COVID-19 Travel & Activity Risk Matrix (see p3) to determine risk level. While all modes of travel and activities

during traveling should be assessed on an individual basis, if the traveler meets two or more criteria in the higher risk category then the recommendation is for ROM or ROM/test.

>> If 'yes': 14-day ROM. Alternately, after an appropriate risk assessment Unit CC may authorize: 10-day ROM -- or -- 7-day ROM with a negative COVID-19 test within 48 hours of the end of the 7-day ROM. Always follow state and local requirements related to travel.

>> If 'no': Go to Step 7.

7) Was travel within the USA to an area(s) experiencing a significantly different level of COVID-19 transmission than travel origin?

>>> If 'yes' (= higher): consider the need for a 14-day ROM. Alternately, after an appropriate risk assessment Unit CC may authorize: 10-day ROM -- or -- 7-day ROM with a negative COVID-19 test within 48 hours of the end of the 7-day ROM. Always follow state and local requirements related to travel.

>>> If 'no': **14-day self-monitor.**

---- NOTE: As needed, consult with local AF Public Health for help determining need for post-travel ROM.

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REFERENCES:

- (a) DoD FHP Guidance (Supp 14) - Guidance for Personnel Traveling during the COVID-19 Pandemic, 29 Dec 20
- (b) SECDEF Memo, Exemption of Authorized Leave for DoD Service Members from COVID-19 Personnel Movement and Travel Restrictions, 29 Jun 20
- (c) SECDEF Memo, Transition to Conditions-based Phased Approach to COVID-19 Personnel Movement and Travel Restrictions, 22 May 20
- (d) AF/A1 GENADMIN - Additional Guidance on the Transition to Conditions-Based Phased Approach to COVID-19 Personnel Movement and Travel Restrictions, 30 Jun 20
- (e) SECDEF Memo, Delegation of Waiver Approval Authority for COVID-19 Personnel Movement and Travel Restrictions, 5 Oct 20
- (f) SECAF Memo, Travel Restriction Delegations of Authority, 26 Oct 20
- (g) Worldwide COVID-19 risk level dashboard: <https://globalepidemics.org/key-metrics-for-covid-suppression/>
- (h) CDC - People at Increased Risk for Severe Illness: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>
- (i) TRANSCOM GENADMIN to the Joint Force Updating COVID-19 Travel Requirements in Response to Force Health Protection Supplement 14

COVID-19 Travel & Activity Risk Matrix

	<u>Air</u>	<u>Bus/Train</u>	<u>Own Vehicle</u>	<u>Gym/Recreation</u>	<u>Gatherings</u>	<u>Dining/Bar</u>	<u>Visits With</u>
Higher Risk	<ul style="list-style-type: none"> - Crowded / full flight - Layover(s) where it is difficult to maintain 6-ft physical distance from others 	<ul style="list-style-type: none"> - Any travel where it is difficult to maintain 6-ft physical distance from others 	<ul style="list-style-type: none"> - Multiple stops along the route where it is difficult to maintain 6-ft physical distance from others - Multi-day direct travel where only 	<ul style="list-style-type: none"> - High impact, indoor training and close contact sports where it is difficult to maintain 6-ft physical distance from others 	<ul style="list-style-type: none"> - Indoor gathering, especially when masks are not being worn - Gathering where it is difficult to maintain 6-ft physical distance (wedding, funeral, reunion, party or holiday meal, park, concert, etc.) 	<ul style="list-style-type: none"> - Dining inside, especially where it is difficult to maintain 6-ft physical distance - Consuming alcohol indoors - Karaoke or other group singing 	<ul style="list-style-type: none"> - Multiple households (either altogether in a single gathering or serial stops on one trip)
Elevated Risk	<ul style="list-style-type: none"> - Not crowded flight - Direct flight 		<ul style="list-style-type: none"> - Outdoor close contact sports - Playground or park where it is difficult to maintain physical distance and frequently touched surfaces may not be routinely cleaned/sanitized 	<ul style="list-style-type: none"> - Outdoor gathering with one or two households where the number of people/space make it possible to maintain 6-ft physical distance - Outdoor gathering or covered area with good ventilation and number of people/space make it possible to maintain 6-ft physical distance 	<ul style="list-style-type: none"> - Dining outside (no mingling with others; mask worn when coming, going, and when using restroom) 	<ul style="list-style-type: none"> - Single household (not your own) 	
Low Risk	<ul style="list-style-type: none"> - Staycation 	<ul style="list-style-type: none"> - Staycation 	<ul style="list-style-type: none"> - Direct travel (no stops along the route) - Staycation 	<ul style="list-style-type: none"> - Outdoor exercise - Home exercise - Camping with members of your own household* 	<ul style="list-style-type: none"> - Takeout, drive thru, curbside pickup, or delivery (with contactless payment) - Home-made meals 	<ul style="list-style-type: none"> - Celebrating virtually or with members of your own household* 	

Cruise travel = higher risk.

*Your household = anyone who currently lives and shares common spaces in your housing unit (such as your house or apartment).