

## Basic Medical Guidance for Supervisors

Follow these guidelines to help #FlattenTheCurve.

Leaders can make a difference by taking the necessary precautions to protect their teams!

## **#FlattenTheCurve Supervisor Actions**

## Those at Higher Risk for Severe Illness



Know the Symptoms! Fever of 100.4 F or higher with cold and/or flu symptoms.



Seniors (>70 years or older or any adult with underlying health conditions)



Send symptomatic members home. You may authorize Quarters up to 3 days.



Pregnancy, asthma, lung disease, heart disease, diabetes, or otherwise immunocompromised



Advise members to seek care for severe symptoms but to stay home if symptoms are mild.



Those who have high risk members in their household



375 MDG enrollees should call 618-256-WELL or 1-800-TRICARE after hours.



Prioritize such members for telework or admin leave *immediately*.

